

SPACE COAST



Course Marshal Volunteer Guide

First and foremost, we would like to **THANK YOU** for volunteering for the Space Coast Classic 15K & 2 Mile. Your time, energy and dedication are what make this event a success! We're very happy you have chosen to volunteer and we want you to have a great time while helping out the participants!

Below are some tips and information to help you be comfortable, have fun and enjoy the experience.

IF YOU HAVE ANY QUESTIONS ABOUT YOUR VOLUNTEER DUTIES PLEASE DO NOT HESITATE TO ASK.

WHAT TO WEAR? Race goes on rain or shine so please dress appropriately. The weather is forecasted to be in the 70's with wind. Wear your Volunteer T-shirt that identifies you as a RACE VOLUNTEER. Wear comfortable shoes.

WHAT TO BRING? As little as possible. Try to bring what you need in a backpack that you can keep with you. A hat and/or sunscreen are highly recommended. All supplies necessary for your position will be supplied.

START OF SHIFT: Go directly to your specified location on the race course. Keep in mind there might be large crowds of people and cars, so plan adequate time to arrive at your location.

END OF SHIFT: It is important that volunteers remain in their position until notified by the sweep vehicle that the last participant has gone by.

SNACKS: It is a good idea to bring a few extra snacks and/or drinks to keep you going through the day.

TRANSPORTATION AND PARKING: Parking may be limited in the vicinity of your volunteer location so we encourage you to carpool.

Contact Info: Brittany Streufert—(321) 412-1830 and Mike Acosta (321) 698-1440

In case of **EMERGENCY** (to participant or volunteer), please stay calm, assess the situation or danger. Call 911 if immediate help is needed. If you are certified in First Aid or CPR, proceed according to your level of training.

If not an immediate emergency or danger, notify race director or course marshal of the issue.

COURSE MARSHAL VOLUNTEER INSTRUCTIONS

PURPOSE OF COURSE MARSHALS

Some of our participants are not familiar with all of the streets in Viera that the race covers. For this reason, it is important to have volunteers direct the runners. Marshals are also our primary cheerleaders and motivators.

Many participants have finished or have run faster purely from the encouragement given by an enthusiastic marshal on the course. Have fun out there cheering on the participants!

If you would like to bring a folding chair to use while you are out on the course, please do so.

MARSHAL GUIDELINES

- Marshals must state firmly and loudly simple instructions to direct the runners (“Stay to the Left” or “Turn Here”) while indicating with an arm movement.
- It is important to be direct and visible to the runners.
- Marshals are responsible for indicating to the general public when it is safe for them to cross the road and to look both ways so as not to impede the progress or safety of the participants.
- Marshals are the ones to notice if a runner is in distress or confused and report any serious concerns to the Race Director or Race Management Staff.
- Marshals that encounter physical resistance from public or participants are to contact the Race Director or Race Management Staff and await instructions. The Race Director will determine if the authorities should be contacted.

RACE MORNING

Please be at your designated assignment no later than 6:40 AM.

We have very fast runners coming and they will need your directions. Please do not let these direction-less runners down.

CLEAN UP

Please let the Race Director know if clean up is need in your area. We want to make sure that all paper cups, wrappers and clothes are not left on the course. It’s our goal to keep Viera beautiful.