

Workman Warriors 5k

WORKMAN WARRIORS 5K

July 23rd, 2011

Wickham Park, Melbourne, Florida

Race Management: Running Zone

www.runningzone.com

Questions: info@runningzone.com

OVERALL MALE CHAMPION

Place	O'All No.	Name	Age	City	St	Time	Pace
1	1	953 Dillon McGhee	21	Indialantic	FL	18:09.0	5:51
2	2	983 John Davis	33			18:17.7	5:54
3	3	949 Brian Gase	28	Melbourne	FL	19:04.0	6:09

MALE MASTERS CHAMPION

Place	O'All No.	Name	Age	City	St	Time	Pace
1	6	714 Sean Black	43	Melbourne	FL	19:55.5	6:25

AGE-GROUP RESULTS

MALE AGE GROUP: 01 - 08

Place	O'All No.	Name	Age	City	St	Time	Pace
1	122	2446 Thomas Metz	07	Melbourne	FL	35:48.8	11:32

MALE AGE GROUP: 09 - 11

Place	O'All No.	Name	Age	City	St	Time	Pace
1	115	716 Jake Vorndran	09	Melbourne	FL	34:12.6	11:01
2	119	976 Brayden Green	09			35:26.5	11:25
3	165	886 Jonathan Briggs	09	Indialantic	FL	45:32.2	14:40
4	188	421 Bailey Workman	09	Melbourne	FL	58:01.2	18:41

MALE AGE GROUP: 12 - 14

Place	O'All No.	Name	Age	City	St	Time	Pace
1	55	877 Logan Horn	12	Rockledge	FL	27:18.8	8:48
2	124	961 Ian Hardy	13	Melbourne	FL	36:16.7	11:41

MALE AGE GROUP: 15 - 19

Place	O'All No.	Name	Age	City	St	Time	Pace
1	5	704 Alec Reesh	16	Palm Bay	FL	19:20.0	6:14
2	14	1964 Shchaf Kantor	17	Indialantic	FL	22:04.1	7:07
3	29	712 Richard Rhodes	18	Palm Bay	FL	24:25.8	7:52
4	56	1984 Joshua Creel	15	Malabar	FL	27:23.4	8:49
5	69	1983 Trevor Shirley	17	Malabar	FL	28:30.7	9:11

MALE AGE GROUP: 20 - 24

Place	O'All No.	Name	Age	City	St	Time	Pace
1	31	891 Jonathan Fenton	22	Bryans Road	MD	24:34.9	7:55
2	34	2441 Matthew McDougar	22	Rockledge	FL	25:27.9	8:12
3	71	1990 Dino Vigliotti	24	Melbourne	FL	28:35.1	9:13

MALE AGE GROUP: 25 - 29

Place	O'All No.	Name	Age	City	St	Time	Pace
1	7	1973 Andy Dutra	26	Melbourne	FL	20:11.4	6:30
2	9	400 Adam Knez	26	Cape Canaveral	FL	20:59.1	6:46
3	11	898 Daniel Greenberg	26	Rockledge	FL	21:51.3	7:03
4	23	2440 Chris St. Jean	26	Melbourne	FL	23:13.3	7:29
5	45	1963 Charles Cummings	29	Melbourne	FL	26:38.8	8:35
6	57	1981 Adam Baluha	28	Rockledge	FL	27:25.8	8:50
7	83	951 Raymond Chan	29	Rockledge	FL	29:42.2	9:34
8	85	952 Rj Scaringe	28	Rockledge	FL	29:55.7	9:38

MALE AGE GROUP: 30 - 34

Place	O'All No.	Name	Age City	St	Time	Pace
1	15	718 Ryan Boroff	31 Palm Bay	FL	22:09.2	7:08
2	16	719 Brandon Millard	33 Palm Bay	FL	22:09.4	7:08
3	21	720 Pat Lutz	32 Melbourne	FL	23:03.5	7:26
4	24	965 Kurt Russell	33 Melbourne	FL	23:49.3	7:41
5	26	2443 Mike Acosta	33 Cocoa	FL	24:03.0	7:45
6	46	2438 Mike Rich	32 Melbourne	FL	26:40.5	8:36
7	58	958 J.D. Hernandez	31 Satellite Beach	FL	27:26.4	8:50
8	60	2442 John Prudot	33 Deltona	FL	27:47.6	8:57
9	82	713 Robert Bruckhart	30 Melbourne	FL	29:38.0	9:33
10	96	1989 Chris Leister	31 Melbourne	FL	31:49.5	10:15
11	150	1962 Eric Jerominski	33 Melbourne	FL	41:45.4	13:27
12	160	2487 Caleb Miller	30 Rockledge	FL	43:50.9	14:07

MALE AGE GROUP: 35 - 39

Place	O'All No.	Name	Age City	St	Time	Pace
1	4	985 Shane Streufert	39 Viera	FL	19:17.8	6:13
2	10	2497 Richard Davis	37 Cocoa	FL	21:47.6	7:01
3	30	994 John Orth	36 Melbourne	FL	24:34.0	7:55
4	37	875 Dennis Boudreaux	36 Rockledge	FL	25:49.0	8:19
5	40	954 Daniel McCarthy	35 Satellite Beach	FL	26:11.3	8:26
6	74	424 Eric Tirado	38 Melbourne	FL	28:54.2	9:19
7	79	419 Ritch Workman	38 Melbourne	FL	29:23.6	9:28
8	147	418 Steven Schmidt	37 Melbourne	FL	41:26.6	13:21

MALE AGE GROUP: 40 - 44

Place	O'All No.	Name	Age City	St	Time	Pace
1	13	1957 Chris Reesh	42 Palm Bay	FL	22:03.4	7:06
2	17	1996 Steve Oliver	40 Melbourne	FL	22:22.4	7:13
3	22	871 David Sierota	42 Melbourne	FL	23:09.2	7:28
4	28	2444 Paul Metz	41 Melbourne	FL	24:22.4	7:51
5	33	403 Tracy Pugh	41 Rockledge	FL	25:07.8	8:06
6	61	893 Tom Wright	41 Melbourne	FL	27:51.4	8:58
7	75	1987 Joseph Prussel	44 Melbourne	FL	29:00.1	9:21
8	103	880 Greg Nunn	41 Merritt Island	FL	32:17.4	10:24
9	110	401 Michael Taylor	44 Merritt Island	FL	33:22.9	10:45
10	135	896 Kelly Campbell	41 Rockledge	FL	38:23.9	12:22
11	159	2481 Eric Stewart	40 Melbourne	FL	43:50.5	14:07

MALE AGE GROUP: 45 - 49

Place	O'All No.	Name	Age City	St	Time	Pace
1	25	895 Dave Hernandez	47 Palm Bay	FL	23:58.2	7:43
2	38	398 Scott Henderson	48 Satellite Beach	FL	25:55.9	8:21
3	42	2489 Stephen Curtis	47 Rockledge	FL	26:22.3	8:30
4	54	1986 Bill Meibers	48 Rockledge	FL	27:17.1	8:47
5	59	873 Jeff Poor	49 Rockledge	FL	27:42.2	8:56
6	77	1970 Adam Spenic	47 Melbourne	FL	29:15.6	9:26
7	99	888 Kurt Wolfe	47 Satellite Beach	FL	31:55.3	10:17
8	130	988 Ed Hecker	49 Melbourne	FL	37:53.1	12:12
9	173	1966 Donald Pinter	47 Melbourne	FL	49:46.4	16:02

MALE AGE GROUP: 50 - 54

Place	O'All No.	Name	Age City	St	Time	Pace
1	8	860 Art Anderson	51 Melbourne	FL	20:12.7	6:31
2	41	2498 Steve Biener	50 Wilmington	DE	26:20.3	8:29
3	43	980 Bob Rall	53 Merritt Island	FL	26:27.9	8:32
4	48	1972 Ken Rhoden	53 Merritt Island	FL	26:54.8	8:40
5	52	1985 Mark Weber	54 Melbourne	FL	27:08.0	8:44
6	76	879 Mark Turner	51 Melbourne	FL	29:08.3	9:23
7	87	2496 Frank Fortino	52 Satellite Beach	FL	29:58.7	9:39
8	94	900 Adrian Elliot	54 Rockledge	FL	31:24.9	10:07
9	117	1980 Jeff Murphree	54 Indian Harbour Beach	FL	34:38.0	11:09
10	118	1979 John Hardy	54 Melbourne	FL	35:17.6	11:22
11	123	2492 Arty Pagan	50 Melbourne	FL	35:50.8	11:33
12	125	1998 Ken Flieder	53 Cocoa	FL	36:21.8	11:43
13	152	1968 Wallace Brandon	50 Palm Bay	FL	41:54.5	13:30

14	189	2500	Ed Strong	53	Rockledge	FL	59:11.1	19:03
15	190	702	Dave Henderson	54	Rockledge	FL	59:12.5	19:04

MALE AGE GROUP: 55 - 59

Place	O'All No.	Name	Age	City	St	Time	Pace
1	12	966 Matt Mahoney	55	Melbourne	FL	21:55.5	7:04
2	27	705 Jerry Bird	56	Rockledge	FL	24:09.9	7:47
3	91	863 Harv Hobson	58	Palm Bay	FL	30:39.9	9:53
4	92	884 Phil Rains	59	Venice	FL	30:42.6	9:54
5	97	968 Robert Meadows	57	Malabar	FL	31:51.0	10:16
6	104	1976 Bruce Erhardt	57	Melbourne	FL	32:18.4	10:24
7	121	1961 Randy Dalrymple	58	Indialantic	FL	35:41.9	11:30
8	127	2499 Gene Hinton	58	Rockledge	FL	37:21.3	12:02
9	134	1999 Ronnie Nail	59	Melbourne	FL	38:22.9	12:22
10	162	1992 Robert Bruckart	59	Melbourne	FL	44:18.5	14:16
11	169	998 Jim Barfield	57	Merritt Island	FL	46:43.0	15:03
12	170	955 Steve Leachman	55	Palm Bay	FL	49:14.5	15:51
13	192	717 Wes Houser	59	Rockledge	FL	59:20.3	19:06

MALE AGE GROUP: 60 - 64

Place	O'All No.	Name	Age	City	St	Time	Pace
1	70	2449 Jim Schroeder	63	Indialantic	FL	28:34.0	9:12
2	78	413 Bruce Snyder	62	Cocoa	FL	29:23.0	9:28
3	100	1974 Vern Thomas	64	Satellite Beach	FL	31:55.5	10:17
4	195	707 John Tobin	63	Satellite Beach	FL	1:00:24.7	19:27

MALE AGE GROUP: 65 - 69

Place	O'All No.	Name	Age	City	St	Time	Pace
1	138	2000 Marty Rotter	65	Atlanta	GA	39:11.6	12:37

MALE AGE GROUP: 70 - 74

Place	O'All No.	Name	Age	City	St	Time	Pace
1	108	2439 Ron Paquette	70	Albion	ME	32:33.4	10:29

MALE AGE GROUP: 75 - 99

Place	O'All No.	Name	Age	City	St	Time	Pace
1	142	1958 Henry Campbell	77	Melbourne Beach	FL	40:22.2	13:00

OVERALL FEMALE CHAMPION

Place	O'All No.	Name	Age	City	St	Time	Pace
1	18	2484 Sue O'Malley	51	Port Orange	FL	22:34.1	7:16
2	19	2491 Allyson Pagan	19	Melbourne	FL	22:45.3	7:20
3	20	2490 Althea Hewitt	14	Cocoa Beach	FL	22:49.6	7:21

FEMALE MASTERS CHAMPION

Place	O'All No.	Name	Age	City	St	Time	Pace
1	39	872 Cathie Poor	49	Rockledge	FL	26:09.9	8:26

AGE-GROUP RESULTS

FEMALE AGE GROUP: 01 - 08

Place	O'All No.	Name	Age	City	St	Time	Pace
1	157	701 Reya Tiradu	07		FL	43:49.0	14:07
2	158	2482 Reese Stewart	07	Melbourne	FL	43:49.7	14:07

FEMALE AGE GROUP: 09 - 11

Place	O'All No.	Name	Age	City	St	Time	Pace
1	73	2445 Anna Metz	09	Melbourne	FL	28:40.3	9:14
2	132	974 Hayley Green	11			38:15.9	12:19
3	144	710 Brooke Donato	10	Palm Bay	FL	41:00.3	13:12
4	146	991 Julia McCarthy	09	Indialantic	FL	41:09.8	13:15
5	194	709 T. Lupo	09	Melbourne	FL	1:00:23.9	19:27

FEMALE AGE GROUP: 12 - 14

Place	O'All No.	Name	Age	City	St	Time	Pace
1	89	972 Madison Howard	13			30:17.7	9:46

Place	O'All No.	Name	Age City	St Time	Pace
2	102 969	Morgan Howard	14	32:06.5	10:21
FEMALE AGE GROUP: 15 - 19					
1	93 404	Holly Henderson	19 Satellite Beach	FL 31:23.9	10:07
2	174 1965	Ashlyn Pinter	17 Melbourne	FL 49:46.8	16:02
3	175 1967	Cassidy Bailey	16 Melbourne	FL 49:54.2	16:04
FEMALE AGE GROUP: 20 - 24					
1	35 2488	Krystal Sinclair	24 Satellite Beach	FL 25:32.5	8:14
2	131 1971	Jessica Spenik	20 Melbourne	FL 38:03.8	12:16
3	149 979	Stephanie Sordyl	24 Cocoa	FL 41:28.6	13:21
4	167 2493	Paige Downum	24 Indialantic	FL 46:02.1	14:50
5	185 1993	Brittany Reynolds	24 Scottsmoor	FL 56:06.2	18:04
FEMALE AGE GROUP: 25 - 29					
1	36 2486	Beth Whalen	25 Cocoa Beach	FL 25:32.7	8:14
2	86 864	Sonya Quertermous	26 Melbourne	FL 29:57.0	9:39
3	114 410	Yahira Rivera	28 Melbourne	FL 34:10.4	11:00
4	136 899	Megan McGone	25 Rockledge	FL 38:24.4	12:22
5	139 1991	Meghan Powers	25 Melbourne	FL 39:13.0	12:38
6	148 978	Cassandra Sypien	27 Cocoa	FL 41:28.4	13:21
7	171 956	Cyndee Leachman	29 Palm Bay	FL 49:18.6	15:53
8	186 1994	Jamie Reynolds	28 Scottsmoor	FL 56:07.5	18:04
FEMALE AGE GROUP: 30 - 34					
1	32 984	Donna Davis	33	24:42.4	7:58
2	49 964	Christina Russell	33 Melbourne	FL 27:02.4	8:43
3	50 392	Carmen Glasser	33 Indialantic	FL 27:06.3	8:44
4	90 862	Denise Foley	31 Cocoa Beach	FL 30:33.7	9:51
5	107 2485	Cheryl Avena	33 West Melbourne	FL 32:27.6	10:27
6	120 1988	Summer Warren	34 Melbourne	FL 35:27.7	11:25
7	133 962	Heather Hallett	34 West Melbourne	FL 38:19.4	12:21
8	151 890	Jennifer Adkison	30 Scottsmoor	FL 41:51.7	13:29
9	154 415	Amy Atterbberry	32 Melbourne	FL 42:58.0	13:50
10	168 1978	Tammy Salvo	32 Melbourne	FL 46:02.1	14:50
11	184 1995	Christina Cerrato	30 Mims	FL 56:05.5	18:04
FEMALE AGE GROUP: 35 - 39					
1	44 982	Charlotte McClure	39 Rockledge	FL 26:29.2	8:32
2	53 399	Joy Mosdell	36 Merritt Island	FL 27:15.8	8:47
3	62 975	Melissa Isenman	37	28:00.0	9:01
4	65 986	Brittany Streufert	38	28:17.7	9:07
5	67 971	Cynthia Green	37	28:18.7	9:07
6	81 992	Mary McCarthy	39 Indialantic	FL 29:36.6	9:32
7	88 894	Michelle Gongora	38 Melbourne	FL 30:00.3	9:40
8	105 417	Heather Schmidt	36 Melbourne	FL 32:20.3	10:25
9	111 1977	Anita Erhardt	39 Melbourne	FL 33:43.4	10:52
10	116 1969	Cindy Kage	39 Melbourne	FL 34:17.2	11:03
11	143 414	Christy Lax	35 Melbourne	FL 40:56.7	13:11
12	156 876	Lisa Horn	37 Rockledge	FL 43:32.2	14:01
13	166 887	Melissa Briggs	35 Indialantic	FL 45:32.5	14:40
14	176 411	Steffanie Scott	35 Melbourne	FL 51:01.2	16:26
15	181 867	Marjorie Zackheim	36 Melbourne	FL 54:56.8	17:42
FEMALE AGE GROUP: 40 - 44					
1	47 878	Linda Foster	42 Rockledge	FL 26:47.1	8:38
2	66 706	Gina Rall	40 Merritt Island	FL 28:18.2	9:07
3	84 715	Angie Vorndran	40 Melbourne	FL 29:49.0	9:36
4	95 423	Carolyn Wolfe	44 Satellite Beach	FL 31:30.9	10:09
5	109 874	Sammyeanne Johnson	42 Rockledge	FL 32:39.8	10:31
6	112 402	Karen Lafon	41 Cocoa	FL 34:05.9	10:59

7	128	865	Cynthia O'Hara	43	Melbourne	FL	37:49.3	12:11
8	137	989	Laura Kurtz	43	Melbourne	FL	38:47.7	12:30
9	145	711	Jackie Snow	40	Palm Bay	FL	41:03.4	13:13
10	172	416	Liz Flom	41	Cocoa Beach	FL	49:36.5	15:59
11	196	995	Karen Sells	41	Palm Bay	FL	1:00:52.6	19:36

FEMALE AGE GROUP: 45 - 49

Place	O'All No.	Name	Age	City	St	Time	Pace
1	51	963 Nancy Cabrera	48	Cape Canaveral	FL	27:06.4	8:44
2	63	2494 Lori Rattay	47	Palm Bay	FL	28:02.4	9:02
3	68	981 Marie Thomas	46	Rockledge	FL	28:19.8	9:08
4	72	889 Patricia Bertrand	47	Melbourne	FL	28:38.2	9:14
5	80	1975 Laurie Paul	49	Melbourne	FL	29:27.8	9:29
6	113	397 Joy Wagner	49	Merritt Island	FL	34:09.3	11:00
7	129	393 Cathy Sweeney	49	Melbourne	FL	37:49.4	12:11
8	140	858 Margaret Barrett	47	Melbourne	FL	39:31.2	12:44
9	179	999 Shari Williams	49	Rockledge	FL	52:43.8	16:59
10	197	993 Diane Nelson	47	Barefoot Bay	FL	1:01:05.2	19:40

FEMALE AGE GROUP: 50 - 54

Place	O'All No.	Name	Age	City	St	Time	Pace
1	64	967 Joan Meadows	52	Malabar	FL	28:10.3	9:05
2	98	987 Karen Sanchez	52			31:51.6	10:16
3	101	957 Kathy Hardy	50	Melbourne	FL	32:02.5	10:19
4	126	996 Sherrri Shamet	51	Palm Bay	FL	37:16.4	12:00
5	141	859 Karen Turner	50	Melbourne	FL	39:32.0	12:44
6	155	409 Anna Rodriguez	53	Deland	FL	43:22.1	13:58
7	164	977 Dalys Dunn	54	Melbourne	FL	45:25.4	14:38
8	180	1954 Janet Erlacher	53	Melbourne	FL	53:05.3	17:06
9	183	1960 Elaine Dalrymple	54	Indialantic	FL	55:25.4	17:51
10	191	703 Donna Henderson	53	Rockledge	FL	59:14.7	19:05

FEMALE AGE GROUP: 55 - 59

Place	O'All No.	Name	Age	City	St	Time	Pace
1	106	2495 Joanne Haven	59	Sattelite Beach	FL	32:21.7	10:25
2	153	1956 Susan Vaughn	55	Melbourne Beach	FL	42:45.6	13:46
3	163	885 Carol Rains	58	Venice	FL	45:04.3	14:31
4	178	997 Darleen Barfield	57	Merritt Island	FL	52:43.0	16:59
5	187	2483 Faun Leachman	56	Melbourne	FL	56:30.9	18:12

FEMALE AGE GROUP: 60 - 64

Place	O'All No.	Name	Age	City	St	Time	Pace
1	193	420 Lynda Workman	64	Melbourne	FL	59:44.4	19:14

FEMALE AGE GROUP: 65 - 69

Place	O'All No.	Name	Age	City	St	Time	Pace
1	161	990 Judy McCarthy	66	Indialantic	FL	43:59.6	14:10
2	177	970 Eileen Kiesel	69			52:22.7	16:52
3	182	868 Doris Zackheim	68	Melbourne	FL	54:56.9	17:42

FEMALE AGE GROUP: 70 - 74

Place	O'All No.	Name	Age	City	St	Time	Pace
1	198	408 Roberta Osterling	76	Satellite Beach	FL	1:02:11.3	20:01

FEMALE AGE GROUP: 75 - 99

Place	O'All No.	Name	Age	City	St	Time	Pace
1	198	408 Roberta Osterling	76	Satellite Beach	FL	1:02:11.3	20:01

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WORKMAN WARRIORS 5K
 July 23rd, 2011
 Wickham Park, Melbourne, Florida
 Race Management: Running Zone
 www.runningzone.com
 Questions: info@runningzone.com

TEAM RESULTS

1. Rall Capital Management
18:18 19:18 24:43 26:28 26:30 28:18 28:19 28:20 = 3:20:14
John Davis, Shane Streufert, Donna Davis, Bob Rall, Charlotte McClure,
Brittany Streufert, Gina Rall, Marie Thomas
2. Space-X
21:00 25:08 25:56 27:16 31:24 33:23 34:06 34:10 = 3:52:23
Adam Knez, Tracy Pugh, Scott Henderson, Joy Mosdell, Holly Henderson,
Michael Taylor, Karen LaFon, Joy Wagner
3. CAV Runners
23:10 25:49 26:10 26:48 27:19 27:43 32:40 43:33 = 3:53:12
David Sierota, Dennis Boudreaux, Cathie Poor, Linda Foster, Logan Horn,
Jeff Poor, SammieAnne Johnson, Lisa Horn
4. Express Press Printing
26:12 27:27 32:03 35:18 36:17 49:15 49:19 56:31 = 5:12:22
Daniel McCarthy, J.D. Hernandez, Kathy Hardy, John Hardy, Ian Hardy,
Steve Leachman, Cyndee Leachman, Faun Leachman
5. UBS Financial Services
24:34 29:37 37:54 38:48 41:10 44:00 1:00:53 1:01:06 = 5:38:02
John Orth, Mary McCarthy, Ed Hecker, Laura Kurtz, Julia McCarthy, Judy
McCarthy, Karen Sells, Diane Nelson