

Fit for Life 5k Run/Walk

Fit for LIFE 5K RUN / WALK
 April 22, 2012
 Cocoa Village, Florida
 Race Director: Sharon Smethurst
 Race Management: Running Zone
 www.runningzone.com
 Questions: info@runningzone.com

OVERALL MALE CHAMPION

Place	O'All No.	Name	Age City	St Time	Pace
1	1	814 Alec Reesh	17 Palm Bay	FL 18:27.9	5:57
2	2	801 Morgan Levine	15 Viera	FL 18:44.2	6:02
3	3	609 Bret Halliday	50 Cocoa	FL 18:49.5	6:04

MALE MASTERS CHAMPION

Place	O'All No.	Name	Age City	St Time	Pace
1	7	804 Chris Reesh	43 Palm Bay	FL 20:13.5	6:31

AGE-GROUP RESULTS

MALE AGE GROUP: 01 - 09

Place	O'All No.	Name	Age City	St Time	Pace
1	109	854 Daniel Kobobel	09 Merritt Island	FL 33:15.2	10:43
2	111	649 Nathan Nevad	07 Merritt Island	FL 33:53.5	10:55
3	144	687 Bryce Davis	09 Cocoa	FL 37:12.9	11:59
4	149	734 Micah Montecalvo	07 Cocoa	FL 37:31.4	12:05
5	162	826 Eli Campbell	07 Cocoa	FL 40:15.7	12:58
6	164	830 Liam Campbell	02 Cocoa	FL 40:17.0	12:58
7	166	719 Phoenix Calero	08 Melbourne	FL 40:28.7	13:02
8	168	736 Judah Montecalvo	06 Cocoa	FL 40:35.6	13:04
9	188	822 Chris Sherman	09 Merritt Island	FL 46:59.7	15:08
10	190	819 Jeremy Nail	07 Cocoa	FL 47:01.2	15:09
11	212	759 Keiro Smethurst	06 Cocoa Bch	FL 49:37.5	15:59

MALE AGE GROUP: 10 - 14

Place	O'All No.	Name	Age City	St Time	Pace
1	4	678 Peter Balsitis	13 Viera	FL 19:41.5	6:21
2	18	677 Alexander Balsitis	13 Viera	FL 22:18.7	7:11
3	38	829 Ian Campbell	11 Cocoa	FL 25:14.3	8:08
4	39	699 Braden Krupp	10 Cocoa	AL 25:25.2	8:11
5	57	857 Cameron Cannon	13 Melbourne	FL 27:26.0	8:50
6	61	731 Devin Stremmel	12 Cocoa Beach	FL 27:49.3	8:58
7	71	608 Travis Winans	12 Melbourne	FL 29:17.2	9:26
8	92	603 Jacob Crowe	12 Malabar	FL 31:40.3	10:12
9	140	767 Thomas Vorseggern	12 Merritt Island	FL 36:37.9	11:48
10	159	732 Jake Mitchell	11 Palm Bay	FL 39:09.3	12:37
11	172	839 Brandon Timothy Bradley	14 Merritt Island	FL 40:50.6	13:09
12	182	627 Mason Yaskovic	11 Rockledge	FL 44:23.4	14:18
13	192	787 Jacob Radlein	12 Merritt Island	FL 47:11.5	15:12
14	226	823 Nick Sherman	11 Merritt Island	FL 55:14.2	17:47
15	227	820 Stuart Sherman	14 Merritt Island	FL 58:05.7	18:42

MALE AGE GROUP: 15 - 19

Place	O'All No.	Name	Age City	St Time	Pace
1	6	803 Mike Groppel	15 Viera	FL 20:01.8	6:27
2	24	786 Kalob Vaughn	18 Merritt Island	FL 23:31.3	7:35
3	37	836 Justin Radlein	17 Merritt Island	FL 25:09.1	8:06
4	56	762 Thomas Arbour	16 Cocoa	FL 27:20.8	8:49
5	160	821 Robert Sherman	17 Merritt Island	FL 39:56.6	12:52

MALE AGE GROUP: 20 - 24

Place	O'All No.	Name	Age City	St Time	Pace
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1	8	750	J. J. Porter	23	Jacksonville	FL	20:35.9	6:38
2	23	697	Erik Robertson	21	Merritt Island	FL	23:27.2	7:33
3	28	635	Jake Shearer	21	Merritt Island	FL	23:50.4	7:41
4	33	840	Matt McDougal	22	Rockledge	FL	24:38.3	7:56
5	46	843	Thomas Barrett	24	Cocoa Beach	FL	26:25.6	8:31
6	53	817	Mike Shearer	20	Merritt Island	FL	27:08.8	8:45
7	55	842	Chad Austin Berney	21	Merritt Island	FL	27:20.2	8:48
8	96	771	Michael Brown	23	Merritt Island	FL	31:46.7	10:14
9	130	746	Caleb Franklin	23	Melbourne	FL	35:33.3	11:27
10	148	722	Derek McAtee	20	Rockledge	FL	37:25.9	12:03

MALE AGE GROUP: 25 - 29

Place	O'All No.	Name	Age	City	St	Time	Pace	
1	31	747	Joshua Franklin	25	Melbourne	FL	24:19.1	7:50
2	62	634	Anel Williamson	26	Merritt Island	FL	27:55.6	9:00
3	66	844	Clayton Magnuson	27	Cocoa Beach	FL	28:50.9	9:18
4	70	604	Bobby Terneus	27	Melbourne	FL	29:16.3	9:26
5	80	845	Kennith Adams	29	Rockledge	FL	29:38.4	9:33
6	82	748	Jonathan Sharpe	27	Sarasota	FL	29:45.5	9:35
7	87	749	Timothy O'Loughlin	28	Sarasota	FL	31:05.6	10:01
8	94	705	Matt Matella	28	Satellite Beach	FL	31:44.5	10:13
9	138	695	Nathaniel Jones	28	Melbourne	FL	36:32.5	11:46
10	146	659	Justin Dadlani	25	Patrick Afbfl	FL	37:21.1	12:02
11	218	775	Zachary Middlehurst	25	Cocoa	FL	53:47.7	17:19

MALE AGE GROUP: 30 - 34

Place	O'All No.	Name	Age	City	St	Time	Pace	
1	17	856	Mike Acosta	34	Cocoa	FL	22:15.7	7:10
2	26	813	Sean Post	30	Merritt Island	FL	23:38.5	7:37
3	36	846	Rosanto Macam	34	Rockledge	FL	25:03.8	8:05
4	123	835	Bradford Cole	30	Satellite Beach	FL	35:11.4	11:20
5	127	737	David Montecalvo	30	Cocoa	FL	35:25.1	11:24

MALE AGE GROUP: 35 - 39

Place	O'All No.	Name	Age	City	St	Time	Pace	
1	5	688	Richard Davis	38	Cocoa	FL	19:49.4	6:23
2	13	665	Drew Cordes	35	Cocoa	FL	21:39.1	6:59
3	15	700	James Krupp	37	Cocoa	AL	22:03.9	7:07
4	22	650	Sean Liburdi	35	Apollo Beach	FL	23:25.4	7:33
5	32	645	Greg Richards	36	Fellsmere	FL	24:24.7	7:52
6	141	606	S. Travis Winans	37	Melbourne	FL	36:48.0	11:51

MALE AGE GROUP: 40 - 44

Place	O'All No.	Name	Age	City	St	Time	Pace	
1	21	780	Loren Goldfarb	40	Indialantic	FL	23:10.5	7:28
2	41	774	Ty Bowen	43	Mims	FL	25:31.8	8:14
3	69	838	Ken Biskner	43	Oviedo	FL	29:11.0	9:24
4	77	761	Jesse Arbour	41	Cocoa	FL	29:29.6	9:30
5	86	744	George Pulsifer	41	Palm Bay	FL	30:31.5	9:50
6	151	676	David Balsitis	42	Viera	FL	37:40.6	12:08
7	184	626	Robert Yaskovic	41	Rockledge	FL	44:27.5	14:19
8	201	783	Jerry McAuley	41	Palm Bay	FL	48:16.5	15:33

MALE AGE GROUP: 45 - 49

Place	O'All No.	Name	Age	City	St	Time	Pace	
1	43	709	Chuck Mathews	47	Palm Bay	FL	25:54.0	8:21
2	45	851	George Kirk	46	Orlando	FL	26:13.1	8:27
3	48	657	Bruce Sieck	48	Rockledge	FL	26:31.7	8:33
4	64	615	Marty Cassetta	46	Grant	FL	28:33.2	9:12
5	67	682	Eric Brown	47	Cocoa	FL	29:07.6	9:23
6	72	717	Jay Wherley	48	Melbourne	FL	29:18.4	9:26
7	90	802	David Campbell	49	Merritt Island	FL	31:24.5	10:07
8	100	799	Preston MacIntyre	47	Merritt Island	FL	32:14.8	10:23
9	161	724	Kyle Kuhn	48	Rockledge	FL	40:10.2	12:56
10	187	768	Stan Sherman	45	Merritt Island	FL	46:58.9	15:08
11	224	790	Robert Ledfort	49	Merritt Island	FL	54:59.8	17:43

MALE AGE GROUP: 50 - 54

Place	O'All No.	Name	Age	City	St	Time	Pace
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1	9	833	Patrick McCormick	52 Merritt Island	FL	20:37.0	6:39
2	11	601	Robert Pike	51 Oakhill	FL	21:24.5	6:54
3	44	782	Shawn Fisher	50 Melbourne	FL	26:02.5	8:23
4	47	639	Robert Francisco	52 Melbourne	FL	26:28.6	8:32
5	85	785	Ted Lightle	54 Cocoa	FL	30:29.9	9:49
6	156	766	Greg Vonseggern	51 Merritt Island	FL	38:52.9	12:31
7	189	824	Jason Hedman	52 Cocoa	FL	47:00.5	15:08
8	199	828	Perry Roberts	51 Melbourne	FL	48:13.5	15:32

MALE AGE GROUP: 55 - 59

Place	O'All No.	Name	Age City	St Time	Pace
1	10	779	Jim Cunningham	57 Viera	FL 21:09.3 6:49
2	14	672	Dave Worrells	59 Rockledge	FL 21:59.9 7:05
3	20	848	Matt Mahoney	56 Melbourne	FL 22:33.2 7:16
4	173	711	Richard Malecki	55 Melbourne	FL 41:08.5 13:15
5	193	756	Gary Montecalvo	59 Cocoa	FL 47:25.8 15:16

MALE AGE GROUP: 60 - 64

Place	O'All No.	Name	Age City	St Time	Pace
1	49	791	Robert Gleichauf	61 Merritt Island	FL 26:46.1 8:37
2	84	776	George Oswald	60 Indian Harbour Beach	FL 30:03.7 9:41
3	97	810	Karl Kuckhahn	60 Merritt Island	FL 31:51.2 10:16

MALE AGE GROUP: 65 - 69

Place	O'All No.	Name	Age City	St Time	Pace
1	52	629	Giles Williams	67 Oviedo	FL 27:08.2 8:45

MALE AGE GROUP: 70 - 74

Place	O'All No.	Name	Age City	St Time	Pace
1	180	855	James Morrell	73 Melbourne	FL 43:56.9 14:09

MALE AGE GROUP: 75 - 99

Place	O'All No.	Name	Age City	St Time	Pace
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OVERALL FEMALE CHAMPION

Place	O'All No.	Name	Age City	St Time	Pace
1	12	807	Jordan Michaels	11 Merritt Island	FL 21:33.8 6:57
2	16	794	Alli Penovich	16 Cocoa Beach	FL 22:15.8 7:10
3	19	778	Felicity Cunningham	38 Viera	FL 22:25.6 7:14

FEMALE MASTERS CHAMPION

Place	O'All No.	Name	Age City	St Time	Pace
1	30	667	Karon Pittman	54 Titusville	FL 24:19.1 7:50

AGE-GROUP RESULTS

FEMALE AGE GROUP: 01 - 09

Place	O'All No.	Name	Age City	St Time	Pace
1	210	760	Sahara Smethurst	08 Cocoa Bch	FL 49:33.5 15:58
2	211	726	Caroline Kuhn	09 Rockledge	FL 49:33.5 15:58
3	229	812	Abbey Lathem	08 Cocoa	FL 1:03:35.1 20:28

FEMALE AGE GROUP: 10 - 14

Place	O'All No.	Name	Age City	St Time	Pace
1	27	630	Katarina Jernberg	13 Melbourne	FL 23:45.2 7:39
2	42	795	Marina Schuster	12 Cocoa Beach	FL 25:46.6 8:18
3	91	656	Savannah Lee	12 Cocoa	FL 31:38.7 10:12
4	99	800	Amilia MacIntyre	10 Merritt Island	FL 32:13.9 10:23
5	106	652	Dana Butz	13 Rockledge	FL 33:01.7 10:38
6	133	853	Nicole Kobobel	13 Merritt Island	FL 36:21.7 11:43
7	197	638	Tenisha Picinich	13 Melbourne	FL 48:01.1 15:28
8	200	708	Tionna Picinich	11 Melbourne	FL 48:14.1 15:32

FEMALE AGE GROUP: 15 - 19

Place	O'All No.	Name	Age City	St Time	Pace
1	35	631	Meisen Jernberg	16 Melbourne	FL 24:58.2 8:03
2	58	646	Holly Ballestero	19 Fellsmere	FL 27:29.4 8:51
3	124	816	Abigail Claire Hall	16 Cocoa Beach	FL 35:12.5 11:20
4	135	757	Bailey Moss	18 Merritt Island	FL 36:28.4 11:45

Place	O'All No.	Name	Age City	St	Time	Pace
FEMALE AGE GROUP: 20 - 24						
5	185	772 Sara Rokes	18 Cocoa Beach	FL	45:04.0	14:31
1	120	811 Mikaela Kuckhahn	24 Merritt Island	FL	34:54.2	11:15
2	121	716 Kendra Sosa	21 Oviedo	DC	34:57.2	11:16
3	126	633 Deborah Wong	23 Melbourne	FL	35:16.1	11:22
4	131	837 Erica Honkonen	21 Merritt Island	FL	35:41.4	11:30
5	142	808 Kristen Nichole Balla	23 Titusville	FL	37:06.4	11:57
6	143	806 Ashley Marie George	21 Cocoa	FL	37:07.1	11:57
7	147	660 Jessica Dadlani	24 Patrick Afbfl	FL	37:21.2	12:02
8	169	691 Deanna Davis	24 Sanford	FL	40:40.0	13:06
9	216	752 Nicole Hidalgo	23 Tulsa	OK	53:43.0	17:18
10	217	753 Sharlene Parisi	22 Tulsa	OK	53:43.2	17:18
FEMALE AGE GROUP: 25 - 29						
1	101	647 Kristi Dettra	27 Merritt Island	FL	32:37.5	10:31
2	102	740 Crystal Cover	27 Melbourne	FL	32:47.1	10:34
3	108	663 Jennifer Curren	26 Melbourne	FL	33:04.9	10:39
4	132	651 Rachel Liburdi	28 Apollo Beach	FL	35:41.4	11:30
5	137	698 Leila Brasch	29 Rockledge	FL	36:32.4	11:46
6	154	692 Nina Johnson	28 Melbourne	FL	38:14.6	12:19
7	155	805 Rachel Spare	25 Palm Shores	FL	38:30.9	12:24
8	157	831 Naomi Pietrzykowski	26 Merritt Island	FL	38:58.2	12:33
9	165	673 Felicia Walters	26 Cocoa	FL	40:27.6	13:02
10	170	621 Kristen Pena	28 Cocoa	FL	40:41.0	13:06
FEMALE AGE GROUP: 30 - 34						
1	25	758 Rene Dunne	31 Palm Bay	FL	23:35.1	7:36
2	29	640 Kristen Stone	31 Merritt Island	FL	24:06.2	7:46
3	34	834 Joanna McColl	32 Titusville	FL	24:44.8	7:58
4	50	680 Carly Keim	30 Cape Canaveral	FL	27:03.0	8:43
5	68	644 Celena Richards	34 Fellsmere	FL	29:09.1	9:23
6	95	704 Melissa Matella	31 Satellite Beach	FL	31:44.7	10:14
7	112	648 Carri Nevad	32 Merritt Island	FL	33:54.5	10:55
8	117	683 Liz White	33 Melbourne	FL	34:36.1	11:09
9	118	701 Ragan Krupp	32 Cocoa	FL	34:50.0	11:13
10	119	770 Denne' Pence	33 West Melbourne	FL	34:50.9	11:13
11	122	643 Joan Thibodaux	32 Viera	FL	35:07.2	11:19
12	174	654 Kathy Walker	33 Merritt Island	FL	41:25.8	13:21
13	176	742 Emily Kus	30 North Smithfield	RI	41:52.4	13:29
14	213	763 Andrea Arbour	33 Cocoa	FL	49:41.0	16:00
FEMALE AGE GROUP: 35 - 39						
1	65	841 Allison Stauffer	37 Titusville	FL	28:38.4	9:14
2	76	751 Amy Lawrence	35 Cocoa Beach	FL	29:28.5	9:30
3	79	792 Laurie Gleichauf	39 Merritt Island	FL	29:36.7	9:32
4	88	712 Mindi Hislop	35 Citrus Heights	CA	31:21.8	10:06
5	89	714 Wendy Armbruster	36 Rockledge	FL	31:22.2	10:06
6	93	703 Nataliya Polishchuk	35 Cocoa	FL	31:41.8	10:13
7	128	754 Tiffany Stephenson	35 Melbourne	FL	35:25.3	11:25
8	129	815 Rhonda Smith	37 Rockledge	FL	35:26.6	11:25
9	136	607 Christina Winans	38 Melbourne	FL	36:29.5	11:45
10	139	739 Sonya Hall	38 Palm Bay	FL	36:37.3	11:48
11	153	713 Nicole Dawkins	39 Rockledge	FL	38:00.8	12:15
12	158	852 Izabela Kobobel	39 Merritt Island	FL	39:06.0	12:36
13	163	827 Helen Campbell	38 Cocoa	FL	40:17.0	12:58
14	177	624 Lynda Schuchert	37 Rockledge	FL	41:56.0	13:30
15	191	610 Michelle Stanton	38 Melbourne	FL	47:06.9	15:10
16	209	694 Ana Rodriguez	36 Melbourne	FL	49:30.9	15:57
FEMALE AGE GROUP: 40 - 44						
1	59	662 Jodi Campbell	42 Indialantic	FL	27:31.4	8:52
2	75	793 Elaine Henderson	42 Melbourne	FL	29:26.4	9:29
3	78	612 Laura Dipasquale	44 Merritt Island	FL	29:34.9	9:32
4	104	605 Debbie Hines	44 West Melbourne	FL	32:50.0	10:35

5	105	721	Debbie Nail	44	Melbourne	FL	32:56.5	10:37
6	115	723	Kimberly Prosser	44	Rockledge	FL	34:18.0	11:03
7	116	733	Jennifer Mitchell	43	Palm Bay	FL	34:18.3	11:03
8	150	675	Kimberly Balsitis	41	Viera	FL	37:39.4	12:08
9	167	718	Lori Richardson	41	Melbourne	FL	40:31.7	13:03
10	171	781	Jackie Fisher	42	Melbourne	FL	40:45.1	13:07
11	178	602	Johnna Noble-Filomena	42	Malabar	FL	42:58.0	13:50
12	183	661	Lara Sieck	43	Rockledge	FL	44:24.8	14:18
13	205	625	Robin Yaskovic	40	Rockledge	FL	48:55.6	15:45
14	207	693	Marcia Jhonson	44	Melbourne	AL	49:02.5	15:48
15	214	725	Stephanie Kuhn	43	Rockledge	FL	49:45.2	16:01
16	223	789	Marla Allen	43	Merritt Island	FL	54:59.7	17:43
17	225	769	Carol Sherman	44	Merritt Island	FL	55:14.2	17:47

FEMALE AGE GROUP: 45 - 49

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	81	784	Gail Lightle	45	Cocoa	FL	29:44.8	9:35
2	107	653	Kelly Butz	45	Rockledge	FL	33:04.7	10:39
3	110	620	Tracy Petrik	49	Rockledge	FL	33:39.0	10:50
4	152	616	Maria Kohlbrand	49	Cocoa	FL	37:53.7	12:12
5	175	797	Amy Brode	49	Merritt Island	FL	41:29.4	13:22
6	219	707	Tracy Lewis	45	Merritt Island	FL	53:51.2	17:21
7	221	825	Sherry Love	46	Palm Bay	FL	54:29.0	17:33
8	230	809	Elaine Lathem	47	Cocoa	FL	1:03:35.3	20:29

FEMALE AGE GROUP: 50 - 54

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	51	715	Evelyn McClin	52	Oviedo	FL	27:08.1	8:45
2	54	641	Lori White	52	Cape Canaveral	FL	27:18.9	8:48
3	60	798	Lois Boisseau	50	Titusville	FL	27:44.5	8:56
4	63	743	Casey Hahn	50	Cocoa Beach	FL	28:22.3	9:08
5	83	706	Tena Hochard	51	Palm Bay	FL	29:53.5	9:38
6	98	788	Wendy Dietz	52	West Melbourne	FL	32:10.1	10:22
7	103	679	Doris Travassos	50	Rockledge	FL	32:48.5	10:34
8	113	622	Pamela Wheble	50	Merritt Island	FL	33:55.2	10:56
9	114	689	Gillian Wertheimer	50	Merritt Island	FL	34:11.0	11:01
10	125	796	Susan Thibodeaux	54	Cocoa	FL	35:14.1	11:21
11	134	614	Ginny Cassetta	51	Grant	FL	36:24.7	11:44
12	145	777	Marion Oswald	54	Indian Harbour Beach	FL	37:14.2	12:00
13	179	832	Sherrrol O'Brien	52	Cocoa	FL	43:20.5	13:57
14	202	710	Sandy Young	54	Rockledge	FL	48:19.5	15:34
15	215	818	Tina Hedman	53	Cocoa	FL	49:58.1	16:05

FEMALE AGE GROUP: 55 - 59

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	40	611	Carol Ball	55	Merritt Island	FL	25:30.6	8:13
2	74	847	Melanie Delman	55	Melbourne	FL	29:22.9	9:28
3	181	696	Kathy Robertson	55	Merritt Island	FL	44:16.2	14:15
4	194	755	Lyn Montecalvo	58	Cocoa	FL	47:26.4	15:17
5	198	613	Liselle Frappier	58	Cocoa Bch	FL	48:13.1	15:32
6	206	658	Sue Thomas	55	Melbourne	FL	49:00.3	15:47
7	220	702	Christiane Wilson	55	Merritt Is	FL	53:51.3	17:21

FEMALE AGE GROUP: 60 - 64

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	186	728	Carol Cowgill	63	Titusville	FL	46:43.2	15:03
2	195	619	Colette Gustavson	61	Cape Canaveral	FL	47:52.4	15:25
3	196	618	Beverly Motschenbacher	61	Cape Canaveral	FL	47:55.6	15:26
4	204	729	Joanne Papierski	63	Titusville	FL	48:47.3	15:43

FEMALE AGE GROUP: 65 - 69

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	73	686	Mary Ramba	65	Cocoa	FL	29:19.3	9:27
2	203	623	Kay Gellineau	66	Rockledge	FL	48:39.1	15:40
3	222	617	Patricia Johnson	65	Merritt Island	FL	54:51.5	17:40

FEMALE AGE GROUP: 70 - 74

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	208	681	Donna Andrea	70	Melbourne	FL	49:18.9	15:53

FEMALE AGE GROUP: 75 - 99

Place	O'All No.	Name	Age	City	St Time	Pace
1	228 632	Roberta Osterling	77	Satellite Bch	FL 1:00:19.8	19:26

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