

## Let's Run Over It 5k Results

LET'S RUN OVER IT 5K RUN/WALK  
 March 19, 2011  
 Holmes Park, Melbourne, Florida  
 Race Director: Kim Rodriguez  
 Race Management: Running Zone  
 www.runningzone.com  
 Questions: info@runningzone.com

### OVERALL MALE CHAMPION

Place	O'All No.	Name	Age	City	St	Time	Pace
1	1	734 Mike Fretz	42	West Melbourne	FL	18:23.8	5:56
2	2	744 Peter McLean	24	Rockledge	FL	19:04.1	6:09
3	3	740 Lance Evans	27	Vero Beach	FL	20:07.0	6:29

### MALE MASTERS CHAMPION

Place	O'All No.	Name	Age	City	St	Time	Pace
1	5	647 Ted Amgott	58	Melbourne	FL	20:55.7	6:45

### AGE-GROUP RESULTS

#### MALE AGE GROUP: 01 - 08

Place	O'All No.	Name	Age	City	St	Time	Pace
1	21	688 Chandler Davis	11	Merritt Island	FL	24:01.5	7:44
2	65	718 Mason White	10	Melbourne	FL	32:01.7	10:19
3	77	682 Nathan Knoll-Rothe	11	Palm Bay	FL	36:40.1	11:49
4	80	654 Rahul Koshy	11	Merritt Island	FL	38:02.4	12:15

#### MALE AGE GROUP: 09 - 11

Place	O'All No.	Name	Age	City	St	Time	Pace
1	24	726 Clay Kerr	13	Melbourne	FL	24:27.2	7:53
2	29	622 Kyle Ruiz	12	Satellite Beach	FL	25:20.2	8:10

#### MALE AGE GROUP: 12 - 14

Place	O'All No.	Name	Age	City	St	Time	Pace
1	23	638 Jacob Blohm	16	Palm Bay	FL	24:22.6	7:51
2	32	667 Tommy Arnold	17	Indian Harbour Bch	FL	25:34.9	8:15

#### MALE AGE GROUP: 15 - 19

Place	O'All No.	Name	Age	City	St	Time	Pace
1	11	669 Nicholas Evans	22	Sebastian	FL	22:15.9	7:10

#### MALE AGE GROUP: 20 - 24

Place	O'All No.	Name	Age	City	St	Time	Pace
1	10	700 Chris St. Jean	25	Melbourne	FL	22:02.5	7:06
2	50	724 David Danowski	29	Rockledge	FL	28:47.3	9:16
3	78	681 Roberta Martinez	26	Palm Bay	FL	37:10.8	11:58
4	124	628 Anthony Mazara	29	Palm Bay	FL	58:42.1	18:54
5	127	735 Juan Alvarado	26	Fellsmere	FL	59:12.6	19:04

#### MALE AGE GROUP: 30 - 34

Place	O'All No.	Name	Age	City	St	Time	Pace
1	16	639 Joshua Maitlen	31	Rockledge	FL	23:08.5	7:27

#### MALE AGE GROUP: 35 - 39

Place	O'All No.	Name	Age	City	St	Time	Pace
1	4	698 Ben Buchanan	38	Melbourne	FL	20:54.7	6:44
2	14	606 Daniel McCarthy	35	Satellite Beach	FL	22:45.3	7:20

3	20	607	Les Dunne	35	Palm Bay	FL	23:59.4	7:44
4	45	722	Clay McCreary	35	Melbourne	FL	27:13.4	8:46
MALE AGE GROUP: 40 - 44								
Place	O'All No.	Name	Age	City	St	Time	Pace	
====	====	====	====	====	====	====	====	====
1	39	623	Francisco Ruiz	44	Satellite Beach	FL	26:41.0	8:36
2	46	604	John Ketchel	42	Albuquerque	NM	27:51.8	8:59
3	81	617	David Tse	44	Palm Bay	FL	38:25.6	12:23
4	104	634	Andrew Schmidt	44			50:16.4	16:11
MALE AGE GROUP: 45 - 49								
Place	O'All No.	Name	Age	City	St	Time	Pace	
====	====	====	====	====	====	====	====	====
1	8	631	William Preston	47	Merritt Island	FL	21:42.4	7:00
2	13	706	Bruce Crain	48	Melbourne Beach	FL	22:34.5	7:16
3	15	714	Ken Fortmayer	46	Melbourne	FL	22:48.6	7:21
4	28	742	Lew Schwartz	47	Melbourne	FL	25:17.1	8:09
5	31	725	Jose Mejia	45	West Melbourne	FL	25:34.6	8:14
6	70	699	Ron Goode	49	Melbourne	FL	33:56.1	10:56
7	105	731	Mark Fusco	48	Merritt Island	FL	50:24.0	16:14
MALE AGE GROUP: 50 - 54								
Place	O'All No.	Name	Age	City	St	Time	Pace	
====	====	====	====	====	====	====	====	====
1	19	741	Gary Branch	54	Satellite Beach	FL	23:53.1	7:42
2	30	739	Rex Gomez	54	Rockledge	FL	25:26.8	8:12
3	41	717	Gene Grieshaber	54	Melbourne	FL	26:48.9	8:38
4	113	641	Frelin Brown	54	Palm Bay	FL	55:09.4	17:46
MALE AGE GROUP: 55 - 59								
Place	O'All No.	Name	Age	City	St	Time	Pace	
====	====	====	====	====	====	====	====	====
1	6	601	Don Kearns	59	Melbourne	FL	21:02.5	6:47
2	37	730	Mike Spragins	57	Indialantic	FL	26:33.6	8:33
3	53	675	Tom Robbins	57	Merritt Island	FL	29:57.8	9:39
4	87	703	Miguel Etheridge	55	Palm Bay	FL	42:32.7	13:42
5	94	633	Wilfredo Aquinde	57	Merritt Island	FL	46:03.1	14:50
MALE AGE GROUP: 60 - 64								
Place	O'All No.	Name	Age	City	St	Time	Pace	
====	====	====	====	====	====	====	====	====
1	17	743	Jim Schroeder	63	Indialantic	FL	23:13.6	7:29
2	26	702	Bob Lash	64	Waikuku	HI	25:00.9	8:04
3	57	736	Richard Weber	60	Rockledge	FL	30:08.2	9:42
4	59	673	Mark Gregory	61	Palm Bay	FL	30:45.1	9:54
5	93	611	John Driscoll	61	Palm Bay	FL	45:49.4	14:45
6	115	640	David Parker	61	Melbourne	FL	55:14.0	17:47
7	122	605	Mark McKinley	61	Merritt Island	FL	57:44.8	18:36
MALE AGE GROUP: 65 - 69								
Place	O'All No.	Name	Age	City	St	Time	Pace	
====	====	====	====	====	====	====	====	====
1	102	609	Rich Czarnowski	67	Palm Bay	FL	49:51.6	16:03
MALE AGE GROUP: 70 - 74								
Place	O'All No.	Name	Age	City	St	Time	Pace	
====	====	====	====	====	====	====	====	====
1	35	646	Ron Hoar	72	Melbourne	FL	26:23.2	8:30
2	38	649	Bob Ghormley	72	Cocoa Bch	FL	26:40.3	8:36
MALE AGE GROUP: 75 - 99								
Place	O'All No.	Name	Age	City	St	Time	Pace	
====	====	====	====	====	====	====	====	====
1	75	709	Jack Rademaker	79	Floral City	FL	34:51.9	11:14
2	108	711	Hermann Gerhard	76	Palm Bay	FL	51:42.8	16:39
3	109	708	Clifford Maxwell	78	Melbourne	FL	52:34.8	16:56
OVERALL FEMALE CHAMPION								
Place	O'All No.	Name	Age	City	St	Time	Pace	
====	====	====	====	====	====	====	====	====
1	7	630	Angie Preston	44	Merritt Island	FL	21:35.8	6:58
2	9	733	Mary Hofmeister	43	Malabar	FL	21:49.7	7:02
3	12	603	Kelsey Osborn	19	Demotte	IN	22:24.5	7:13

## FEMALE MASTERS CHAMPION

Place	O'All No.	Name	Age City	St Time	Pace
1	25	615 Paige Stanley	41 Sebastian	FL 24:50.4	8:00

## AGE-GROUP RESULTS

## FEMALE AGE GROUP: 01 - 08

Place	O'All No.	Name	Age City	St Time	Pace
1	100	653 Rachel Koshy	06 Merritt Island	FL 47:31.0	15:18

## FEMALE AGE GROUP: 09 - 11

Place	O'All No.	Name	Age City	St Time	Pace
1	62	719 Camryn White	09 Melbourne	FL 31:53.1	10:16
2	67	687 Mikayla Yemma	10 Merritt Island	FL 32:18.4	10:24
3	82	696 Brianna Batey	09 Merritt Island	FL 39:26.8	12:42
4	106	691 Katie Darlington	09 Merritt Island	FL 51:21.7	16:32

## FEMALE AGE GROUP: 12 - 14

Place	O'All No.	Name	Age City	St Time	Pace
1	61	732 Anna Fusco	13 Merritt Island	FL 31:41.4	10:12

## FEMALE AGE GROUP: 15 - 19

Place	O'All No.	Name	Age City	St Time	Pace
1	27	668 Allison Downie	17 Satellite Beach	FL 25:09.8	8:06
2	79	721 Jenifer Shakespeare	18 Melbourne	FL 37:13.5	11:59
3	91	715 Mareena Allard	19 Palm Bay	FL 43:44.5	14:05
4	111	727 Kaitlynn Grant	16 Melbourne	FL 52:56.5	17:03

## FEMALE AGE GROUP: 20 - 24

Place	O'All No.	Name	Age City	St Time	Pace
1	48	723 Anne Lippitt	21 Merritt Island	FL 27:55.5	9:00
2	119	665 Kristen Arnold	20 Indian Harbour Bch	FL 57:14.7	18:26
3	128	629 Patricia Magana	23 Fellsmere	FL 59:13.8	19:04

## FEMALE AGE GROUP: 25 - 29

Place	O'All No.	Name	Age City	St Time	Pace
1	40	705 Ashley Soto	25 Melbourne	FL 26:42.9	8:36
2	43	678 Jeanne Higbie	29 Melbourne	FL 26:59.9	8:42
3	52	680 Melissa Knoll	28 Palm Bay	FL 29:53.7	9:38
4	96	672 Shawn Fuller	27 Melbourne	FL 46:18.4	14:55

## FEMALE AGE GROUP: 30 - 34

Place	O'All No.	Name	Age City	St Time	Pace
1	18	608 Rene Dunne	30 Palm Bay	FL 23:31.1	7:35
2	42	729 Mem Nix	33 Rockledge	FL 26:59.8	8:42
3	49	694 Katie Rush	34 Merritt Island	FL 28:22.7	9:09
4	55	684 Angelica Lopez-Castilla	34 Palm Bay	FL 30:07.1	9:42
5	68	689 Andrea Vandette	31 Melbourne	FL 32:33.4	10:29
6	69	632 Candy Revercomb	31 Palm Bay	FL 32:42.3	10:32
7	76	686 Yida Catala	33 Cocoa Beach	FL 35:42.3	11:30
8	85	671 Collette Raymond	31 Palm Bay	FL 40:56.5	13:11
9	114	738 Rena Vincent	30	FL 55:13.5	17:47

## FEMALE AGE GROUP: 35 - 39

Place	O'All No.	Name	Age City	St Time	Pace
1	22	621 Margarita Ruiz	38 Satellite Beach	FL 24:02.6	7:45
2	44	697 Janett Gallardo	35 Rockledge	FL 27:08.7	8:45
3	63	642 Becky Maitlen	37 Rockledge	FL 31:54.3	10:17
4	66	720 Christie Piontkowski	38 Melbourne	FL 32:17.3	10:24
5	107	690 Natalie Darlington	35 Merritt Island	FL 51:24.4	16:33
6	116	661 Heather Terry	39 Indian Harbour Bch	FL 57:09.9	18:24

## FEMALE AGE GROUP: 40 - 44

Place	O'All No.	Name	Age City	St Time	Pace
1	47	648 Sandy Swickert	43 Merritt Island	FL 27:53.5	8:59
2	51	677 Elaine Henderson	40 Melbourne	FL 29:37.0	9:32
3	83	612 Jennifer Mitchell	42 Palm Bay	FL 39:39.8	12:46

4	90	716	Fran Larocca	44	Palm Bay	FL	43:44.3	14:05
5	95	701	Melissa Brandon	40	Rockledge	FL	46:07.8	14:51
6	101	651	Gita Koshy	40	Merritt Island	FL	48:09.1	15:30
7	103	620	Kim Rodriguez	40	Palm Bay	FL	50:09.6	16:09
8	110	728	Jacki Grant	41	Melbourne	FL	52:53.9	17:02
9	120	664	Karen Arnold	43	Indian Harbour Bch	FL	57:15.6	18:26

## FEMALE AGE GROUP: 45 - 49

Place	O'All No.	Name	Age	City	St	Time	Pace	
1	34	679	Lori Rattay	47	Palm Bay	FL	26:19.1	8:29
2	36	737	Ilse Berube	46	Merritt Island	FL	26:30.4	8:32
3	54	745	Joy Wagner	49	Merritt Island	FL	30:06.7	9:42
4	71	670	Cheryl Mazalewski	45	Melbourne	FL	33:59.4	10:57
5	72	644	Vicki Logan	48	Indian Harbour Bch	FL	34:04.8	10:59
6	74	685	Jacqueline Bongers	46	Merritt Island	FL	34:41.9	11:11
7	89	624	Annette Nazario	47	Rockledge	FL	43:39.2	14:04
8	126	626	Kathleen Putney	47	Sebastian	FL	59:10.9	19:03

## FEMALE AGE GROUP: 50 - 54

Place	O'All No.	Name	Age	City	St	Time	Pace	
1	33	707	Sheile Felock	50	Melbourne Beach	FL	26:18.0	8:28
2	58	674	Sherril Shamet	51	Palm Bay	FL	30:32.2	9:50
3	60	613	Mari Hiltz	54	Melbourne	FL	31:32.8	10:10
4	73	695	Patricia Dela Cruz	52	Melbourne	FL	34:30.4	11:07
5	86	655	Barbara Bortner	54	Satellite Bch	FL	41:03.3	13:13
6	88	704	Rebecca Etheridge	54	Palm Bay	FL	42:33.3	13:42
7	112	645	Alexandra Larson	54	Indianalantic	FL	55:05.3	17:44
8	121	619	Teresa Tsark	52	Melbourne	FL	57:34.8	18:32
9	125	627	Nereida Sanchez	54	Palm Bay	FL	59:08.1	19:02

## FEMALE AGE GROUP: 55 - 59

Place	O'All No.	Name	Age	City	St	Time	Pace	
1	56	602	Donna McKinley	59	Merritt Island	FL	30:08.1	9:42
2	92	616	Nancy Dean	56	Cocoa	FL	43:54.9	14:09
3	97	643	Deborah Morton	55	Sebastian	FL	47:26.9	15:17
4	99	636	Marie Suchowacki	57	Sebastian	FL	47:26.9	15:17

## FEMALE AGE GROUP: 60 - 64

Place	O'All No.	Name	Age	City	St	Time	Pace	
1	84	610	Helen Driscoll	62	Palm Bay	FL	40:42.0	13:06
2	98	637	Sandy Hulsenbeck	61	Sebastian	FL	47:26.9	15:17
3	118	662	Donna Hartwell	60	West Melbourne	FL	57:12.4	18:25

## FEMALE AGE GROUP: 65 - 69

Place	O'All No.	Name	Age	City	St	Time	Pace	
1	64	710	Petra Gerhard	69	Palm Bay	FL	31:55.1	10:17

## FEMALE AGE GROUP: 70 - 74

Place	O'All No.	Name	Age	City	St	Time	Pace

## FEMALE AGE GROUP: 75 - 99

Place	O'All No.	Name	Age	City	St	Time	Pace	
1	123	618	Roberta Osterling	76	Satellite Beach	FL	57:53.8	18:39