

Set the Pace 5K Results

Set the Pace 5k
 March 28, 2009
 Wuesthoff Hospital Rockledge, FL
 Race Management: Running Zone
 www.runningzone.com
 Questions: info@runningzone.com

OVERALL MALE CHAMPION

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	1	176	William Trainor	44	Johnson City	TN	16:52.1	5:27
2	2	238	Joel Gayle	20	FL		17:44.4	5:44
3	3	93	Brandon Kern	37	Merritt Island	FL	17:50.9	5:46

MALE MASTERS CHAMPION

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	4	20	Art Anderson	49	Melbourne	FL	18:15.5	5:54

AGE-GROUP RESULTS

MALE AGE GROUP: 01 - 09

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	44	234	Kevin Murton	09	FL		24:47.8	8:00
2	135	236	Will McKeeg	09	FL		30:21.2	9:48
3	161	5	David Dacosta	08	Rockledge	FL	32:51.6	10:36

MALE AGE GROUP: 10 - 14

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	9	197	Brad Ivey	12	Melbourne	FL	20:18.4	6:34
2	34	224	Thomas Stansfield	14	FL		23:54.0	7:43
3	43	244	Michael Dean	13	FL		24:46.8	8:00
4	56	21	Christopher Atkinson	13	Merritt Island	FL	25:27.2	8:13
5	65	76	Hayden Hillhouse	10	Melbourne	FL	26:05.6	8:26
6	81	4	Nick Choppe	12	Rockledge	FL	27:04.5	8:45
7	113	11	Rhuben McGee	11	Rockledge	FL	29:15.2	9:27
8	125	100	Bryan Levy	11	Viera	FL	29:48.8	9:38
9	136	80	Spencer Hodge	14	Rockledge	FL	30:28.4	9:50
10	137	14	Corey Rosser	12	Rockledge	FL	30:31.4	9:51
11	144	162	Victor Sierra	11	Merritt Island	FL	31:11.9	10:04
12	163	1	Jeremy Abernathy	10	Rockledge	FL	32:54.3	10:37
13	170	32	Alex Budnick	11	Merritt Island	FL	33:46.6	10:54
14	222	272	Matthew Phillipson	14	FL		44:27.7	14:21
15	231	156	Sterling Schantz	12	Melbourne	FL	47:59.1	15:29

MALE AGE GROUP: 15 - 19

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	6	10	Timothy Marquardt	16	Rockledge	FL	18:40.2	6:02
2	8	241	Dakota James	15	FL		19:54.7	6:26
3	19	213	Winston Akins	17	FL		21:35.6	6:58
4	30	57	Ryan Eberle	17	Satellite Beach	FL	23:29.4	7:35
5	32	56	Joshua Eberle	19	Satellite Beach	FL	23:39.6	7:38
6	38	172	Glenn Sundin II	18	Satellite Beach	FL	24:12.7	7:49
7	60	196	J.C. Ivey	15	Melbourne	FL	25:41.7	8:18
8	93	166	Robert Stewart	15	Cocoa	FL	27:38.4	8:55
9	184	110	Dylan Maltby	17	Rockledge	FL	36:05.7	11:39

MALE AGE GROUP: 20 - 24

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	142	177	Gregory Travassos	23	Rockledge	FL	31:04.4	10:02
2	172	160	Jeff Sherker	23	Melbourne	FL	34:00.3	10:59

MALE AGE GROUP: 25 - 29

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	11	192	Jonathan Zambrana	26	Melbourne	FL	20:30.1	6:37
2	143	92	Andrew Joy	27	Rockledge	FL	31:04.7	10:02

MALE AGE GROUP: 30 - 34

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	79	90	Billy Jenkins	30	Melbourne	FL	26:51.0	8:40
2	94	62	Neil Frey	30	Rockledge	FL	27:41.2	8:56

MALE AGE GROUP: 35 - 39

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	7	219	Mike Doyle	36	FL		19:46.8	6:23
2	83	194	Kevin Glines	35	Melbourne	FL	27:14.3	8:48
3	95	181	Chris Tyler	37	Vero Beach	FL	27:45.2	8:58
4	190	266	Robert Goehmann	39	FL		37:11.9	12:00

MALE AGE GROUP: 40 - 44

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	22	191	Shawn Wilson	42	Melbourne	FL	22:02.6	7:07
2	45	36	Scott Carswell	40	Merritt Island	FL	24:49.8	8:01
3	47	17	Kevin Allen	41	Rockledge	FL	24:57.5	8:04
4	54	212	Nick Quartz	41	FL		25:14.9	8:09
5	77	118	John Mellick	42	Rockledge	FL	26:47.1	8:39
6	84	43	Scott Clay	40	Rockledge	FL	27:15.2	8:48
7	97	260	Boaz Dacosta	41	FL		27:56.0	9:01
8	155	131	Steve Osbourne	42	Floyds Knobs	IN	32:24.7	10:28
9	179	7	Perry Dickey	44	Rockledge	FL	35:40.9	11:31
10	183	268	Jose Eduardo	43	FL		36:04.8	11:39
11	207	91	Jay Johnson	43	Rockledge	FL	40:27.6	13:04
12	241	106	Mike Lynch	42	Merritt Island	FL	50:36.2	16:20

MALE AGE GROUP: 45 - 49

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	14	95	Keith Kowalske	48	Melbourne	FL	20:53.0	6:45
2	21	215	Michael Parker	48	FL		21:52.0	7:04
3	23	253	David Wright	49	FL		22:18.7	7:12
4	24	125	Doug Nichols	45	Melbourne	FL	22:36.7	7:18
5	29	45	Dan Cowling	47	Merritt Island	FL	23:25.0	7:34
6	31	108	David Maltby	48	Rockledge	FL	23:35.3	7:37
7	37	123	Joseph Moskal	46	Melbourne	FL	24:09.0	7:48
8	46	187	Carl Wayne	49	Palm Bay	FL	24:54.0	8:02
9	48	140	Ken Podzielinski	45	Melbourne	FL	24:59.5	8:04
10	49	222	Patrick Keach	48	FL		25:02.8	8:05
11	62	69	Ray Halpern	47	Rockledge	FL	25:51.5	8:21
12	89	137	Michael Patterson	46	Merritt Island	FL	27:23.9	8:51
13	122	145	Rick Roach	47	Rockledge	FL	29:35.4	9:33
14	124	193	Keith Zoller	47	Melbourne	FL	29:47.0	9:37
15	138	119	Keith Michaux	46	Melbourne	FL	30:34.8	9:52

16 242 249 Mark Brewer 48 FL 50:37.1 16:20

MALE AGE GROUP: 50 - 54

Place	O'All No.	Name	Age	City	St	Time	Pace
1	5	Brian Kessler	50	FL		18:33.9	6:00
2	10	Matt Mahoney	53	FL		20:23.9	6:35
3	12	Jerry Bird	54	FL		20:36.8	6:39
4	16	Timothy Green	50	Viera	FL	21:07.4	6:49
5	17	Michael Slomins	53	Viera	FL	21:16.0	6:52
6	28	David Cowling	52	St. Augustine	FL	23:24.6	7:34
7	39	James Weiss	54	Rockledge	FL	24:20.3	7:52
8	40	John Lachance	52	Cocoa	FL	24:27.4	7:54
9	41	Thomas Eberle	54	Satellite Beach	FL	24:32.5	7:55
10	91	Keith Dutter	52	Merritt Island	FL	27:27.0	8:52
11	110	Francisco Rosado	50	Palm Bay	FL	29:13.1	9:26
12	117	Dan Ferretti	54	Merritt Island	FL	29:19.5	9:28
13	128	Rich Warren	53	Merritt Island	FL	29:51.0	9:38
14	156	Robie McLam	54	Merritt Island	FL	32:26.8	10:28
15	164	Ken Flieder	50	Cocoa	FL	33:20.8	10:46
16	169	Michael Deschaine	53	Palm Bay	FL	33:46.0	10:54
17	215	Frank Travassos	51	Rockledge	FL	41:50.1	13:30

MALE AGE GROUP: 55 - 59

Place	O'All No.	Name	Age	City	St	Time	Pace
1	26	John Fricano	56	Rockledge	FL	23:12.1	7:30
2	61	Patrick Ogrady	56	Melbourne	FL	25:45.1	8:19
3	68	Glenn Sundin	55	Satellite Beach	FL	26:09.9	8:27
4	82	Owen Leland	58	Cocoa	FL	27:08.9	8:46
5	86	George Oswald	57	Indian Harbour Beach	FL	27:18.8	8:49
6	88	Craig Nau	58	Melbourne	FL	27:22.3	8:50
7	193	Robert Grashoff	58	FL		37:22.8	12:04
8	247	Danny Sangster	57	Rockledge	FL	1:00:47.3	19:37

MALE AGE GROUP: 60 - 64

Place	O'All No.	Name	Age	City	St	Time	Pace
1	20	Ed Rowley	61	Melbourne	FL	21:44.4	7:01
2	33	Gary Castner	63	Melbourne	FL	23:48.2	7:41
3	52	Jimmy Kelly	61			25:12.5	8:08
4	85	Greg McKay	61	Cape Canaveral	FL	27:16.0	8:48
5	96	Vern Thomas	62	FL		27:52.9	9:00
6	109	J.D. Mathys	63	FL		29:06.7	9:24

MALE AGE GROUP: 65 - 69

Place	O'All No.	Name	Age	City	St	Time	Pace
1	232	Dale Rothenberger	68	Merritt Island	FL	48:41.8	15:43

MALE AGE GROUP: 70 - 74

Place	O'All No.	Name	Age	City	St	Time	Pace
1	35	Jim Weir	71	Viera	FL	23:58.7	7:45
2	53	Ron Hoar	70	Melbourne	FL	25:13.4	8:09
3	64	Bob Ghormley	70	Cocoa Beach	FL	25:59.0	8:23
4	196	James Morrell	70	FL		37:37.0	12:09
5	228	William Sr. Trainor	70	Rockledge	FL	46:18.6	14:57

MALE AGE GROUP: 75 - 99

Place	O'All No.	Name	Age	City	St	Time	Pace
1	140	Ed Hardy	76	Traverse City	MI	30:42.6	9:55
2	153	Henry Campbell	75	Melbourne Beach	FL	32:08.6	10:23

OVERALL FEMALE CHAMPION

Place	O'All No.	Name	Age	City	St	Time	Pace
1	13	Cathy Friedel	45	Satellite Beach	FL	20:45.9	6:42
2	15	Elizabeth Green	17	Viera	FL	21:07.0	6:49
3	18	Stephanie Bird	18	FL		21:24.7	6:55

FEMALE MASTERS CHAMPION

Place	O'All No.	Name	Age	City	St	Time	Pace
1	25	Christine Silcox	44	Melbourne	FL	23:05.7	7:27

AGE-GROUP RESULTS

FEMALE AGE GROUP: 01 - 09

Place	O'All No.	Name	Age	City	St	Time	Pace
1	173	Tamesha Moore	09	Rockledge	FL	34:12.1	11:02
2	206	Elizabeth Johnson	09	Rockledge	FL	40:23.3	13:02
3	214	Grace Boshart	09	Rockledge	FL	41:46.7	13:29

FEMALE AGE GROUP: 10 - 14

Place	O'All No.	Name	Age	City	St	Time	Pace
1	36	Megan O'Reilly	12	Viera	FL	24:02.9	7:46
2	111	Emily Allen	12	Viera	FL	29:13.8	9:26
3	121	Lauren Boshart	12	Rockledge	FL	29:34.5	9:33
4	126	Kelsey Schaneville	11	Viera	FL	29:49.2	9:38
5	133	Aleksis Monsees	11	Rockledge	FL	30:11.2	9:45
6	146	Alissa Jenkins	14	Cocoa	FL	31:33.0	10:11
7	159	Lindsey Dickey	12	Rockledge	FL	32:46.7	10:35
8	194	Jesse Kessler	13	West Melbourne	FL	37:24.6	12:05
9	197	Andrea Eduardo	12	FL		37:39.5	12:09
10	210	Kerri Vetter	12	Rockledge	FL	40:34.6	13:06
11	211	Hannah Beatty	12	Rockledge	FL	40:59.0	13:14
12	212	Sarah Lugo	12	FL		41:03.4	13:15
13	219	Ashley Phillipson	11	Melbourne	FL	42:10.0	13:37
14	221	Hannah Walter	14	FL		44:27.4	14:21
15	234	Kaylyn Williams	13	FL		49:02.3	15:50

FEMALE AGE GROUP: 15 - 19

Place	O'All No.	Name	Age	City	St	Time	Pace
1	51	Ashley Paterson	18	Satellite Beach	FL	25:07.4	8:07
2	67	Cynthia Sundin	16	Satellite Beach	FL	26:09.2	8:27
3	75	Michelle Gray	18	Merritt Island	FL	26:43.2	8:38
4	203	Trisha Hornbeck	18	Rockledge	FL	39:40.6	12:48
5	208	Andrea Lubrano	16	Rockledge	FL	40:33.6	13:06
6	209	Madison Fayer	18	FL		40:34.0	13:06

FEMALE AGE GROUP: 20 - 24

Place	O'All No.	Name	Age	City	St	Time	Pace
1	71	Sara Schuman	23	Palm Bay	FL	26:20.6	8:30
2	217	Jessica Heavey	23	Merritt Island	FL	41:56.7	13:32
3	243	Stephanie Scott	24	FL		55:16.0	17:50

FEMALE AGE GROUP: 25 - 29

Place	O'All No.	Name	Age	City	St	Time	Pace
1	58	Melissa Goeren	29	FL		25:34.7	8:16
2	70	Darcy Dyer	28	Rockledge	FL	26:16.8	8:29

3	87	89 Erin Jenkins	25 Melbourne	FL	27:21.8	8:50
4	108	225 Deanne Sichler	29 F1		28:57.0	9:21
5	123	264 Fernanda Fortunato	29 F1		29:37.8	9:34
6	134	199 Robyn Meranda	26 Rockledge	FL	30:12.0	9:45
7	150	245 Brooke Altschul	28 F1		31:42.5	10:14
8	162	158 Heather Schumm	25 Palm City	FL	32:52.0	10:37
9	175	265 Jayne Goehmann	28 F1		34:56.1	11:17
10	176	231 Amanda Sandberg	25 F1		35:15.3	11:23
11	186	143 Tina Ramrakha	26 Melbourne	FL	36:34.9	11:49
12	198	229 Katie Ugarte	27 F1		37:42.4	12:10

FEMALE AGE GROUP: 30 - 34

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	100	87	Marcia Jeddrie	32	Colorado Springs	CO	28:07.3	9:05
2	107	122	Carlyn Morton	31	Melbourne	FL	28:56.6	9:21
3	116	126	Memory Nix	31	Cocoa	FL	29:19.2	9:28
4	139	165	April Stewart	30	Cocoa	FL	30:35.7	9:53
5	147	273	Shannon Ward	34	F1		31:33.3	10:11
6	152	107	Jennifer MacBride	32	Cocoa	FL	32:03.4	10:21
7	158	59	Shannon Ferry	31	Melbourne	FL	32:46.1	10:35
8	171	242	Heather Carr	31	F1		33:56.2	10:57

FEMALE AGE GROUP: 35 - 39

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	55	18	Jodi Allen	39	Rockledge	FL	25:16.9	8:10
2	66	81	Jennifer Hodge	36	Rockledge	FL	26:08.4	8:26
3	76	130	Dee Osbourne	36	Floyds Knobs	IN	26:44.4	8:38
4	78	24	Lisa Beatty	35	Rockledge	FL	26:49.5	8:40
5	101	42	Kelly Clay	38	Rockledge	FL	28:21.5	9:09
6	103	195	Laura Ivey-Glines	35	Melbourne	FL	28:29.0	9:12
7	174	155	Tina Schantz	39	Melbourne	FL	34:42.2	11:12
8	177	232	Michelle Carstens	38	F1		35:37.2	11:30
9	181	274	Leah Crisafulli	38	F1		35:56.1	11:36
10	195	270	Annette Temkey	39	F1		37:34.8	12:08
11	200	60	Michelle Figuereo	38	Melbourne	FL	38:59.1	12:35
12	213	240	Debbie Ameigh	36	F1		41:31.6	13:24
13	220	251	Kelley Shotwell	38	F1		42:57.4	13:52
14	235	254	Melena Williams	39	F1		49:02.7	15:50

FEMALE AGE GROUP: 40 - 44

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	42	86	Kelly Hunter	43	Cocoa	FL	24:45.8	8:00
2	50	97	Patty Laxton	41	Merritt Island	FL	25:04.1	8:06
3	57	121	Natasha Morgan	40	Merritt Island	FL	25:28.1	8:13
4	63	161	Paige Sierra	42	Merritt Island	FL	25:53.4	8:22
5	69	120	Amy Minter	40	Melbourne	FL	26:11.9	8:28
6	72	99	Lori Levy	43	Viera	FL	26:25.4	8:32
7	74	31	Kimberly Budnick	42	Merritt Island	FL	26:29.7	8:33
8	105	235	Carla Murton	43	F1		28:45.9	9:17
9	112	263	Becky Grant	42	F1		29:14.2	9:26
10	115	54	Susan Eaton	40	Melbourne	FL	29:17.0	9:27
11	120	227	Sammye Johnson	40	F1		29:26.8	9:30
12	141	230	Sara Huston	41	F1		30:50.2	9:57
13	148	243	Carelynn Flaughner	41	F1		31:38.9	10:13
14	149	128	Danielle Oreilly	43	Viera	FL	31:40.0	10:13
15	160	146	Jeanette Roach	43	Rockledge	FL	32:50.1	10:36
16	187	53	Elizabeth Dyball	41	Satellite Beach	FL	36:38.9	11:50
17	189	258	Millie Lugo	43	F1		37:10.2	12:00
18	202	33	Terri Burdine	44	Titusville	FL	39:02.4	12:36
19	227	29	Stephanie Brandenburg	41	Cocoa	FL	46:05.6	14:53
20	233	239	Denise Englert	42	F1		49:01.2	15:49
21	240	105	Clinita Lynch	43	Merritt Island	FL	50:35.7	16:20
22	244	204	Stephanie Stein	43	F1		55:16.5	17:50

FEMALE AGE GROUP: 45 - 49

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	59	109	Connie Maltby	46	Rockledge	FL	25:40.0	8:17
2	73	138	Connie Paxson	46	Merritt Island	FL	26:28.5	8:33
3	80	48	Cindy Cunningham	45	Merritt Island	FL	26:55.6	8:42
4	92	28	Traci Bourke	47	Melbourne	FL	27:33.2	8:54
5	102	16	Doris Travassos	47	Rockledge	FL	28:26.7	9:11
6	104	82	Florence Holden	48	Satellite Beach	FL	28:37.5	9:15
7	106	173	Monica Sutton	48	Melbourne	FL	28:47.2	9:18
8	114	37	Kathy Carswell	45	Merritt Island	FL	29:16.3	9:27
9	131	190	Diane Westerman	49	Melbourne	FL	30:00.4	9:41
10	151	148	Lauren Romeo	48	Melbourne	FL	31:57.4	10:19
11	157	115	Jeanette McLam	47	Merritt Island	FL	32:27.2	10:29
12	165	111	Terry Matson	47	Rockledge	FL	33:24.4	10:47
13	178	94	Cindy Kolombo	49	Merritt Island	FL	35:38.6	11:30
14	188	186	Vicky Wayne	49	Palm Bay	FL	36:53.6	11:55
15	205	84	Theresa Hornbeck	45	Rockledge	FL	40:03.2	12:56
16	216	248	Lesley Lewis	46	F1		41:51.7	13:31
17	218	73	Pietrina Heavey	49	Merritt Island	FL	41:57.6	13:33
18	223	200	Karen Kessler	45	West Melbourne	FL	45:33.4	14:42
19	226	85	Jeanette Hughes	45	Cocoa	FL	46:04.3	14:52
20	230	102	Karin Lubrano	47	Rockledge	FL	46:51.2	15:07
21	239	257	Susan Allen	45	F1		50:35.4	16:20

FEMALE AGE GROUP: 50 - 54

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	27	151	Kay Rowley	50	Melbourne	FL	23:21.6	7:33
2	90	221	Debbie Rescott	50	F1		27:26.3	8:52
3	98	223	Patty Boatman	51	F1		28:02.5	9:03
4	99	26	Rosanne Bessenaiere	52	Melbourne	FL	28:05.0	9:04
5	118	159	Nancy Sharp	51	Merritt Island	FL	29:19.9	9:28
6	127	133	Marion Oswald	51	Indian Harbour Beach	FL	29:49.5	9:38
7	130	208	Valerie Kelly	50	F1		29:55.5	9:40
8	132	34	Abbey Calhoun	52	Satellite Beach	FL	30:02.0	9:42
9	145	9	Nancy Marquardt	50	Rockledge	FL	31:30.7	10:10
10	167	250	Debra Salgado	51	F1		33:41.2	10:52
11	182	216	Julie English	50	F1		36:00.0	11:37
12	191	233	Barbara Rolsing	52	F1		37:17.4	12:02
13	201	246	Sheila Desrosiers	54	F1		39:00.5	12:35
14	224	276	Rosemary Walter	52	F1		45:36.4	14:43
15	225	72	Regina Hayden	52	Titusville	FL	46:03.4	14:52
16	229	228	Sue Olson	50	F1		46:20.1	14:57
17	237	142	Betty Racioppi	53	Viera	FL	49:11.3	15:52
18	238	136	Nancy Paterson	54	Satellite Beach	FL	49:44.7	16:03

FEMALE AGE GROUP: 55 - 59

Place	O'All	No.	Name	Age	City	St	Time	Pace
1	129	206	Maureen Morley	57	F1		29:55.1	9:40
2	185	261	Pat Carpenter	57	F1		36:13.4	11:42

FEMALE AGE GROUP: 60 - 64

Place	O'All	No.	Name	Age	City	St	Time	Pace
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1 119 209 Mary Ramba 62 FL 29:23.7 9:29
2 154 147 Sharon Romaine 60 Rockledge FL 32:11.9 10:24
3 166 252 Linda Hollinshead 62 FL 33:39.8 10:52
4 245 202 Helen Gimzek 63 FL 55:16.9 17:50

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FEMALE AGE GROUP: 65 - 69

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Place O'All No. Name Age City St Time Pace
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1 192 22 Sandra Barbaro 68 Rockledge F 37:19.3 12:03
2 199 78 Maxine Hitchcock 66 Rockledge FL 38:49.8 12:32
3 204 178 Sula Tucker 67 Melbourne FL 39:59.0 12:54
4 236 39 Nancy Carswell 67 Merritt Island FL 49:10.7 15:52

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FEMALE AGE GROUP: 70 - 74

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Place O'All No. Name Age City St Time Pace
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1 168 205 Pat Dixon 73 FL 33:45.3 10:54
2 246 132 Roberta Osterling 74 Satellite Beach FL 58:35.0 18:54

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FEMALE AGE GROUP: 75 - 99

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Place O'All No. Name Age City St Time Pace
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1 180 70 Annette Hardy 76 Traverse City MI 35:50.5 11:34

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WUESTHOFF EMPLOYEE RESULTS

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Name Age Time
Female:
1 Christine Silcox 44 23:06
2 Erin Jenkins 25 27:22
3 Rosanne Bessenaire 52 28:05

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Male:
1 Michael Patterson 46 27:24
2 Keith Zoller 47 29:47
3 Keith Michaux 46 30:35

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